



Notes From the Office

Looking Ahead:

No school this Friday - March 30th.
Early Release on Wednesday, April 4th.
Early Release on Wednesday, April 11th.



Lilja PTO



News & Events Snapshot

Keep up with all the PTO news that's fit to print. Learn about upcoming events and other happenings around the Lilja and Natick community.

[Click Here to Catch Up](#)

ASAP New Family Registration

New Family Registration for Early Risers and ASAP 18-19 begins online on April 11 at 5PM

The ASAP and Early Risers programs offer safe, enriching before and after school programs at all five NPS elementary schools and after school programs at Kennedy and Wilson middle schools. Enrollment takes place on a first-come, first-served basis, so don't wait!

For more information about our programs, online registration, and more, please click [HERE](#).

Transportation Registration

2018-2019 Bus Transportation Registration Information

REGISTRATION BEGINS 4/2/18
REGISTRATION DEADLINE 6/1/18

1. As mandated by State Law, only students in grades K-6 who reside in excess of two (2) miles from their districted school are entitled to free transportation. All other students may register for transportation for a fee if they are in grades 7-12, (regardless of mileage to their assigned school), or are in grades K-6 and live 2 miles or less from their assigned school. The updated 2018-2019 Eligible Rider Street Listing and the Transportation Information and FAQs manual will be available on the district website at www.natickps.org on 4/2/2018.

2. Registration for Transportation for the 2018-2019 school year will begin on Monday, April 2, 2018, with a registration deadline of 6/1/2018. **STUDENTS ARE REQUIRED TO REGISTER FOR THE BUS EACH**

YEAR. The transportation fee for the 2018-2019 school year is \$150 per student with a family cap of \$300. All updated transportation information and the 2018-2019 online registration form will be available on 4/2/2018 at www.natickps.org. ALL STUDENTS may be registered by using the online form, and parents are encouraged to use this online form to meet the registration deadline of 6/1/2018. A printable registration form is also available on the district website that can be mailed to or dropped off at the Natick Public Schools, 13 East Central Street, Natick, MA 01760 Attn: Transportation Office. If your registration is mailed to the Natick Public Schools using the printed form, the postmark date will determine the registration date. If students are not registered by the 6/1/2018 deadline, they may not be included in the bus counts, and may be placed on a waiting list.

3 . Please note that if your child is not registered by the 6/1/2018 deadline, late fees will be assessed as follows:

2018-2019 LATE FEES SCHEDULE

Registered by 6/1/2018 NO LATE FEE

Registered from 6/2/2018-6/30/2018 LATE FEE IS \$30 per family*

Registered from 7/1/2018-7/31/2018 LATE FEE IS \$60 per family*

Registered after 7/31/2018 LATE FEE IS \$90 per family*

* For families with extenuating circumstances, a written request to waive a late fee may be submitted to the Director of Finance.

4. The transportation payment of \$150 per student with a family cap of \$300 can be made online at www.natickps.org using the NPS online payment option or the online payment link on the transportation page, or by dropping off or mailing a check payable to the Natick Public Schools, 13 East Central Street, Natick, MA 01760, Attn: Transportation Department. Late fees and second bus pass fees will not be included when determining the family cap. The family cap is for transportation fees only.

5. The transportation fee is waived for students who are approved for the Free/Reduced Lunch benefit in Natick. If your child was approved for Free/Reduced lunch for the 2017-2018 school year, the fee of \$150 will be waived at the time of registration, however, if your child no longer qualifies for the Free/Reduced lunch benefit after the 2018-2019 applications have been processed, they will be required to pay the transportation fee of \$150.

6. Bus routes will be posted by school on the district website at least one week prior to the beginning of school.

7. Bus passes will be distributed prior to the start of school. All fees must be paid in full before a bus pass is issued.

8. Please thoroughly review the Transportation Information and FAQs manual located at www.natickps.org. There is bus safety information contained in the manual that is important to review with your child.

9. If you have any transportation questions, including specific questions regarding the registration and payment processes, please email the Transportation Coordinator at ppaine@natickps.org.

Student Services

Coffee with Student Services Team: Topic Inclusion

**FRIDAY, April 6, 2018
at Bennett-Hemenway School
8:15-8:40 am Meet the Team
8:40-9:00am Presentation**

The Student Services Department and Natick SEPAC are hosting monthly coffees where parents have the opportunity for coffee and conversation with the student services staff at each school in our district. This month's coffee will start with an opportunity to learn more about the Student Services Team including staff providing IEP/504 support to Bennett Hemenway School students. This month's topic presentation will be on Inclusion. Everyone is invited to attend!

**Increasing Your Child's
Self-Determination and
Positive Outcomes
Tuesday, May 22, 7 – 9 pm
Natick High School, Lecture Hall -2nd Floor**

Would you like to increase your child's likelihood of success by

Self-Determination: you may have heard of it, but why is it important to your child's success, and what can you do to support your child's development of these skills? This session with Dr. Lori Peterson will include a **panel of our champion Natick teachers** who will explore these questions and provide evidence-based strategies to increase opportunities to support the development of your child's self-determination skills. You will walk away with tools, techniques, and resources you can use immediately.

Takeaways:

- Describe self-determination and its impact on success.
- Describe strategies aimed to increase your child's self-determination skills and provide opportunities for your child to practice these skills.
- Locate resources available for additional support with promoting self-determination skills.

Dr. Lori Peterson is Assistant Professor of Special Education at the University of Northern Colorado. She is currently working with Natick teachers and staff on developing Self-Determination skills in students.

In order to prepare the correct amount of handouts, we would appreciate RSVPs to naticksepac@gmail.com, but please know you can also come last minute!

www.naticksepac.org

Camp Invention

Camp Invention is a program of the National Inventors Hall of Fame, a nonprofit organization dedicated to advancing the future of innovation and Stem. Please click [here](#) for the brochure.



Camp Invention®

Note from Nursing

After a long, cold winter, many of us look forward to the rising temperatures and blooming plants and trees that come with Spring. However, if you have asthma, allergies, or both, the pollen that comes with the season can be problematic. Many people are confused by the differences between asthma and seasonal allergies. The two conditions are often related. The primary difference between an allergy attack and an asthma attack is the location in the body of the reaction.

In the case of **seasonal allergies**, pollen triggers the allergic reaction commonly resulting in symptoms such as sneezing, congestion, itching, watery eyes, hives, headaches, or irritated skin. Asthma is a more serious condition and happens to be the most common chronic disease found among children.

With **asthma**, the allergic reaction is located in the lungs, resulting in inflammation of the airway. Increased mucus production further limits the flow of air. The child may experience coughing, wheezing, shortness of breath, and in most severe cases, the inability to breathe.

The two conditions are related when a child experiences **allergic asthma**. Allergic asthma is triggered by the presence of allergens in the environment - oftentimes pollen, dust and mold.

Seasonal allergies can be alleviated by medications such as antihistamines. There are many options for over-the-counter medications that the pediatrician may recommend to relieve symptoms. In more

severe cases, an allergist can perform tests to determine what specifically your child is allergic to.

There are also several options for prescription medications to control asthma. Some may be used daily and other medications are used as needed when a child is experiencing symptoms.

Simple strategies can help keep seasonal allergies and allergic asthma under control.

- *Check your local news or the internet for pollen forecasts and current levels.
- *Remove clothing worn outside and shower to remove pollen from skin and hair.
- *Close doors and windows as much as possible, especially when pollen counts are high.
- *Vacuum and dust your home regularly, to keep it free from allergens.
- *Use air conditioning in the house and car.
- *If you have forced air heating or air conditioning in your house, change filters and follow regular maintenance schedules.
- *Avoid outdoor activity in the early morning, when pollen counts are the highest.
- *Do not use outdoor clotheslines to dry sheets or clothes.
- *Keep grass short and keep your child inside while mowing the lawn.
- *Stay ahead of pollen! Begin your child's medication regimen (asthma medicine and/or allergy relief) before nature blooms.
- *Wearing sunglasses when outside may protect your child's eyes from being irritated by pollen.

Both seasonal allergies and asthma can be unpleasant, but both can be managed. It is best to see the pediatrician first for accurate diagnosis and a treatment plan that is best for your child.

Attention 4th Grade Parents....if you have not sent in your child's updated physical exam, please send it in as soon as possible. This is a State Mandated requirement and we need to have them on file before the end of the school year. Thank you for your cooperation!!

SPARK



Elementary School Parent Workshops: Hot Topics

Thursday, April 5 from 6:30 to 8:30 at Wilson Middle School

For parents and caregivers (preschool and elementary school). Elementary educators and administrators will conduct workshops sharing some of their personal expertise and tips on hot topics on navigating the elementary years. (Childcare will be provided.)

Thank you!

The SPARK Kindness Team

SPARKKindness.org

Twitter = @SPARKKindness

SPARK = Successful Positive Authentic Resilient Kids

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STAY CONNECTED

