



Notes From the Office

School Council:

We are pleased to announce the addition of two new parent members to the Lilja School Council: Kristy Fredericks and Elise Gorseth. (We had two volunteers for two slots, so no need for an election this year.)

Our first School Council meeting is October 30 at 3:05pm in the Lilja conference room. All meetings are open to the public!

Looking ahead:

Wednesday, November 8th - Early Release Day at 12:15pm

Address/Phone Change/Email

You must inform the office immediately if you are moving or if any of your phone numbers or email addresses have changed.

Office Hours: 8:00AM - 3:30PM



Lilja PTO



News & Events Snapshot

Keep up with all the PTO news that's fit to print. Learn about upcoming events and other happenings around the Lilja and Natick community.

[Click Here to Catch Up](#)

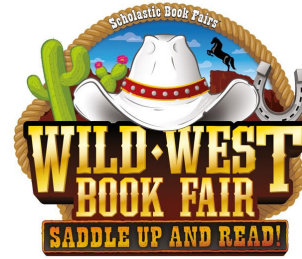
We're Hiring!

We're looking for teacher subs (Bachelor's degree required) and Paraprofessional subs (high school degree required). Pay is \$102 for paraprofessional subs and for the first 15 days as a teacher sub, then, for teacher subs, it increases to \$115 for days 15-90. After the 90th day subbing in Natick in one school year, the pay increases to \$121/day. Experience working with school age children is required.

Please [apply here](#).

Scholastic Book Fair

THE BOOK FAIR IS HERE! Yee-haw! The sale opens today and we can't wait to see you there! Please come shop for wonderful new books with your children - they will love picking them out! This is also a great opportunity to donate books to our teachers and classrooms through the wish lists. We will be open from 2 pm-8 pm today and tomorrow (Wednesday, October 25th and Thursday, October 26th) in the library. Don't miss this important event - we look forward to your support!



School Nurses Food Drive

Hunger is a huge problem in the nearby city of Worcester. Many children eat their main meal at school Monday through Friday but do not know what or when they will be eating on the weekends.

Natick's school nurses are partnering with the school nurses at Sullivan Middle School in Worcester to help them meet the needs of

some of these students and their families. We will be collecting food to help supply the Sullivan Middle School Food Pantry so that students can take home food for the weekend. We are now collecting non-perishable Thanksgiving foods: stuffing, canned corn, green beans, potatoes and yams, cranberry sauce and gravy. Please help if you can and drop off your items in the box in front of the Library by November 1st!



Thank you from the school nurses in Natick and Worcester!

Notes from Nursing

The Natick Public Schools and the Natick Board of Health are working collaboratively to provide your family the opportunity to come together to receive your flu vaccine. This vaccine will protect against all four influenza strains that are expected to circulate this year. We will hold vaccination clinics this fall on Thursday October 26, 2017 from 3:30 to 6:30 PM in Room 103 at Natick High School.

There will be no cost to you for this vaccine. We ask that you bring your health insurance card and policy number so that we can bill your insurance company, but there is no direct cost to you!

For this influenza season, only the Flu Shot will be available.

For more information on the Flu Vaccine please click [here](#). Flu consent form, please bring with you on the day of the clinic, please click [here](#).

We Care Wednesday

My name is Joseph Holihan, I am a sophomore at Natick High School. In 8th grade I was nominated to be the Natick Ambassador to Project 351. [Project 351](#) is a non profit organization that empowers young people to become leaders through acts of kindness, compassion and service. When my year of ambassadorship ended, I was honored to continue as a mentor. Students from across Massachusetts like myself gather throughout the year to perform various service projects - helping active service members, local food pantries, children in need and more. Inspired by my trainings with Project 351 I wanted to find a way to inspire my peers and the youth of Natick that they too can make a difference, one day at a time. I therefore created We Care Wednesday. The first Wednesday of every month will be dedicated to a different organization. Donation bins will be located in the school lobby for ONE week only, EVERY bit helps. There is no donation too small. Thank you for joining me in showing other children in Natick that they CAN make a difference in the life of someone in need. November is dedicated to Family Promise Metrowest. We will be collecting canned items, table decorations and grocery gift cards for Thanksgiving baskets for families in the Family Promise Metrowest program. THANK YOU for Caring on We Care Wednesday. Questions: natickp351@gmail.com

Box Tops Contest



The next Box Tops contest deadline is fast approaching. **The deadline for your submissions is TODAY! Wednesday, October 25th.** The classroom and the student who collected the most Box Tops will win a prize!! Each year Box Tops provides nearly a thousand dollars for our PTO. It is easy to help us raise these funds. All you have to do is take a look at the products already on your pantry shelves. Clip and collect the box tops as you use the products, and check your shelves for any box tops that are expiring soon as once they expire, we can't collect money for them. You don't have to donate any money, all it requires is a little bit of your time. You can attach the box tops to one of the submission forms found in the [virtual backpack](#) or even easier, put them in a Ziplock bag. Once you have them collected, send them into school with your child – Don't forget to label with your child's full name and classroom. For a list of participating products see the product list found in the virtual backpack.

Strategies for reducing academic stress and strengthening

executive function skills at home

THURSDAY NOVEMBER 2, 2017, 7pm Natick High School (Lecture Hall – 2nd floor)

Please join Dan Levine and Melissa Wilson of Engaging Minds who will present strategies for reducing academic stress and strengthening executive function skills at home. In this workshop parents will learn:

- Strategies to help your child get “unstuck” when he/she has trouble initiating tasks
- Organizational strategies to help your child keep track of his/her belongings and schoolwork
- Strategies to promote flexible thinking, enhance working memory, and sustain attention
- Self-monitoring strategies to help your child set goals, stay on track, and follow-through

Hosted by Natick SEPAC: The Natick Special Education Parent Advisory Council (SEPAC) is an all-volunteer organization of parents and caregivers dedicated in building a network for families whose children are receiving support services through an IEP/504 as well as for families considering requesting an IEP/504 evaluation. SEPAC provides a parent's perspective of information, support and recommendations. www.sepacnatick.org or naticksepac@gmail.com

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STAY CONNECTED

